## Integrative Holistic Health Care



Big Day is Saturday? Come
Thursday with your girlfriends
to settle in, relax, enjoy a
relaxation massage,
reflexology, polarity, reiki,
aromatherapy, guided image
meditation, or energy yoga to
help ease your mind and body
before the wedding.

Bridal Party Package
Bring the Spa to you!
Schedule a day with
your friends to relax,
rejuvenate, and
unwind

Wedding Ceremony Blessing Fill your wedding ceremonial site with love and light with a reiki clearing. Ask how I can help cleanse the space and add a sense of peace, love, and healthy blessings for you and your wedding guests.

Call Tana to Schedule (330) 327-0098



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BE THE BEST BRIDE YOU CAN BE